



Dr. N.G.P. ARTS AND SCIENCE COLLEGE

(An Autonomous Institution, Affiliated to Bharathiar University, Coimbatore)
Approved by Government of Tamil Nadu & Accredited by NAAC with A++ Grade (3rd Cycle-3.64 CGPA)
Dr. N.G.P.-Kalapatti Road, Coimbatore- 641 048, Tamil Nadu, India
Website: www.drngpase.ac.in | Email: info@drngpase.ac.in | Phone: +91-422-2369100

SCC

AY 2023-24

STUDENT COUNSELLING CELL

INTRODUCTION

The student counselling cell was initiated and functioning with a view to provide the confidential environment to the students to share their personal and professional obstacles and helping them to overcome those difficulties and to become a successful human being.

Counselling is a professional guidance given by counsellor through psychological methods specifically by means of collecting case history and using various testing methods to handle issues related to psychology which in turn empowers diverse individuals, families and groups to accomplish mental health, wellness, education, and career goals. Counselling involves helping people make needed changes in ways of thinking, feeling and behaving and is a goal-based collaborative process.

MECHANISM ADOPTED FOR STUDENT COUNSELLING

The mechanism followed to provide student counselling are given below stagewise:

Stage 1: The class advisors and the mentors identify the students who really need psychological counselling of their department through individual mentoring.

Stage 2: Identified students with their willingness are sent to external counsellor for individual counselling through student counselling cell.

Stage 3: External Counsellor gives counselling to nurture the students to face all the challenges in their life smoothly.

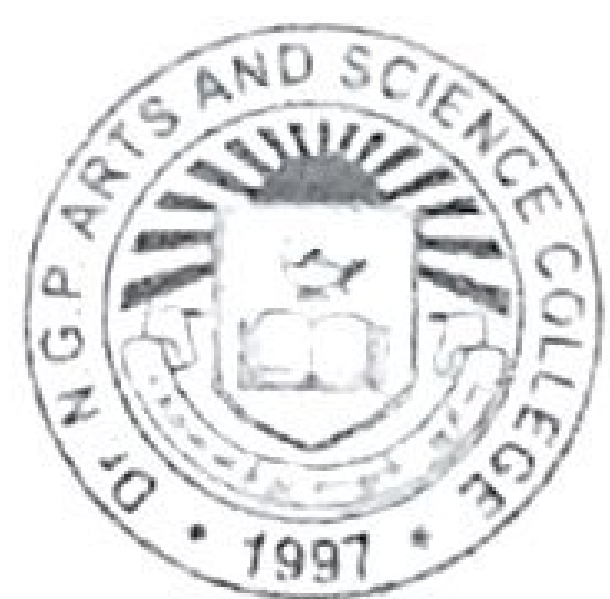
Stage 4: Review sessions are also conducted for necessary cases.

Stage 5: Refer to psychiatrist by external counsellor in case of severe issues.

OBJECTIVES

The primary function of the student counselling cell is to help students to develop their personal capabilities. To help the students cope with the stresses and pressures they might be facing while studying here. The objectives of the cell are:

- To give a hand for personal, academic and social issues of students and to help them to deal with their pent-up emotions.
- To support the students in becoming self-actualized individuals to take right decision on their various issues.
- To facilitate positive attitude among the students and to establish and maintain enhanced social relationship.



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SCC

AY 2023-24

Name of the Committee : **SCC- Student Counselling Cell**
Academic Year : 2023-24
Meeting No. : 01
Date & Time : 13.06.2023 & 2.30 PM
Venue : Student Counsellor Room- A1 Block

Minutes of the Meeting

The SCC Committee Meeting was held on 13.06.2023, 2.30 PM in Student Counsellor Room- A1 Block

The Following members were present:

1. Dr.N.Chandrakala- Co-Ordinator
2. Mrs. Suji- Member
3. Dr.P.Sakthi Murugan- Member
4. Dr.M.Sofia- Member
5. Ms.V.Santhiya- Member

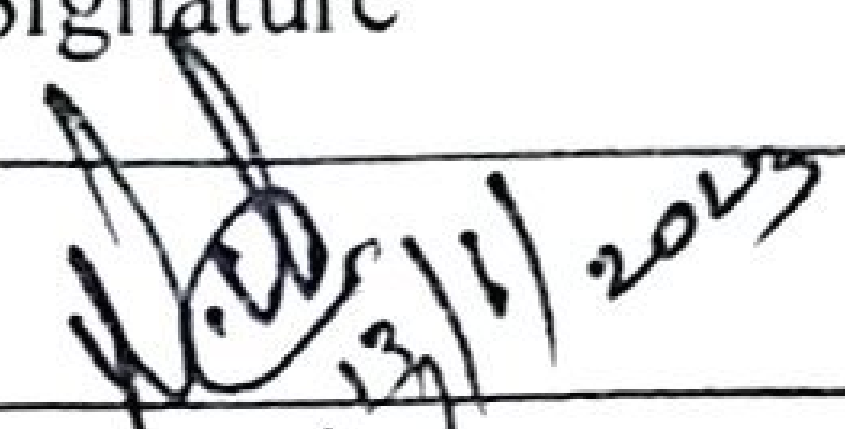
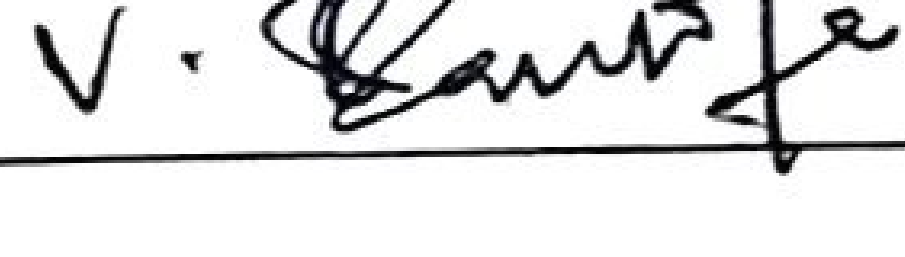
The following agenda is discussed in the meeting

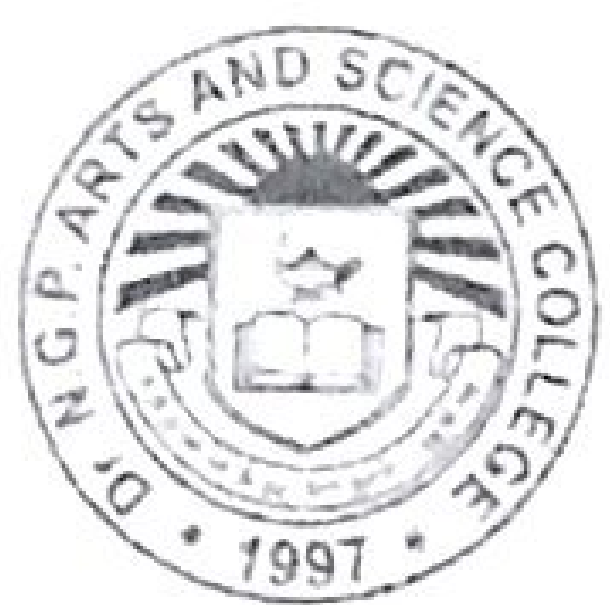
Agenda	Decision Taken	Responsible Person
Enlight the Head of the Department and the class advisors regarding how to identify the students in need of counselling	Committee has agreed and chart out the plan to conduct an awareness programme to the HoDs and Class advisors with help of the Clinical Psychologist.	All members of SCC
Create awareness among the students regarding the cell	Committee has agreed the agenda to help the needy students in college premises.	All the members of SCC


(Dr.N.Chandrakala)
Co-ordinator


(Dr.S.Saravanan)
Principal i/c

List of Committees members participated:

S.No	Name	Signature
1	Dr.N.Chandrakala- Co-Ordinator	 13/11/2013
2	Mrs. Suji- Member	
3	Dr.P.Sakthi Murugan- Member	
4	Dr.M.Sofia- Member	 M.
5	Ms.V.Santhiya- Member	 V.



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SCC

AY 2023-24

Name of the Committee : **SCC- Student Counselling Cell**
Academic Year : 2023-24
Meeting No. : 02
Date & Time : 21.08. 2023 & 3.30 PM
Venue : Student Counsellor Room- A1 Block

Minutes of the Meeting

The SCC Committee Meeting was held on 21.08.2023, 3.30 PM in Student Counsellor Room- A1 Block

The Following members were present:

1. Dr.N.Chandrakala- Co-Ordinator
2. Mrs. Suji- Member
3. Dr.P.Sakthi Murugan- Member
4. Dr.M.Sofia- Member
5. Ms.V.Santhiya- Member

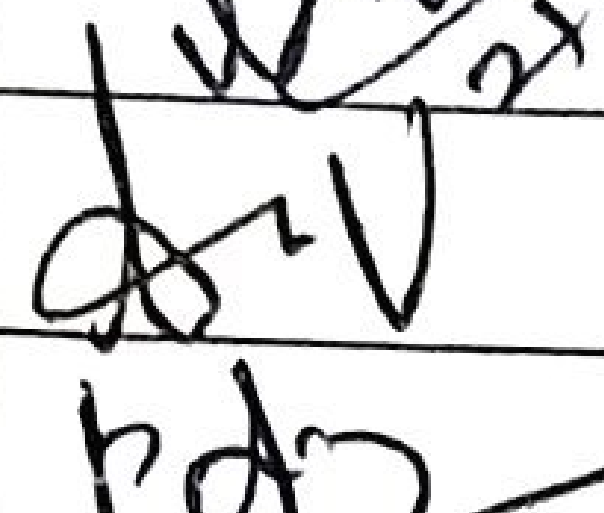
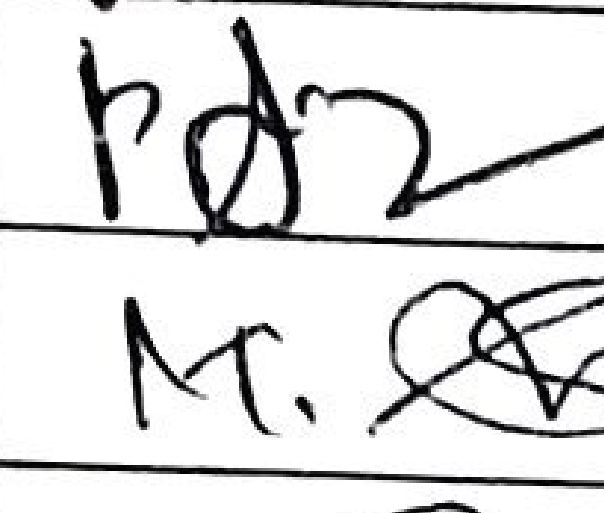
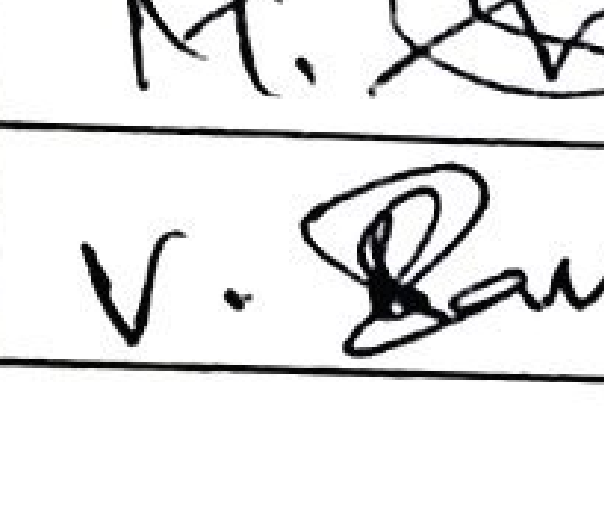
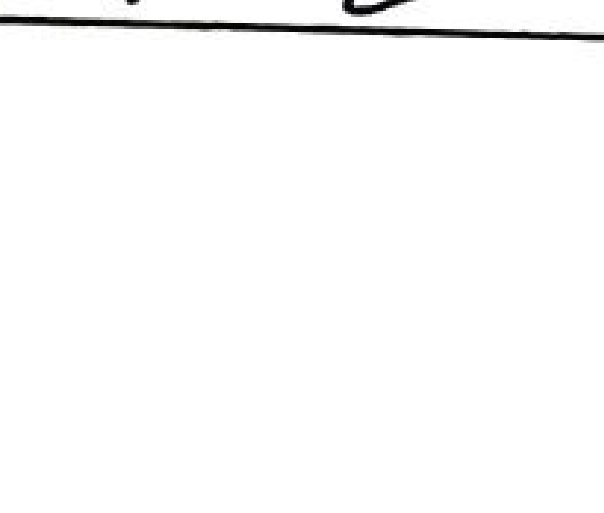
The following agenda is discussed in the meeting

Agenda	Decision Taken	Responsible Person
Informing the Appointment of Student counsellor (External): Ms. Kasthuri. J.A, Clinical Psychologist, KMCHIHSR and her availability on every Tuesday 2.00 P.M. to 5.00 P.M.	Committee discussed the way to coordinate with counsellor and the procedure flow was discussed how to schedule the needy students to the counsellor through google sheet.	All members of SCC

(Dr.N.Chandrakala)
Co-ordinator

(Dr.S.Saravanan)
Principal i/c

List of Committees members participated:

S.No	Name	Signature
1	Dr.N.Chandrakala- Co-Ordinator	
2	Mrs. Suji- Member	
3	Dr.P.Sakthi Murugan- Member	
4	Dr.M.Sofia- Member	
5	Ms.V.Santhiya- Member	



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AY 2023-24

Name of the Committee : SCC- Student Counselling Cell
Academic Year : 2023-24
Meeting No. : 03
Date & Time : 11.09.2023 & 3.30 PM
Venue : Student Counsellor Room- A1 Block

Minutes of the Meeting

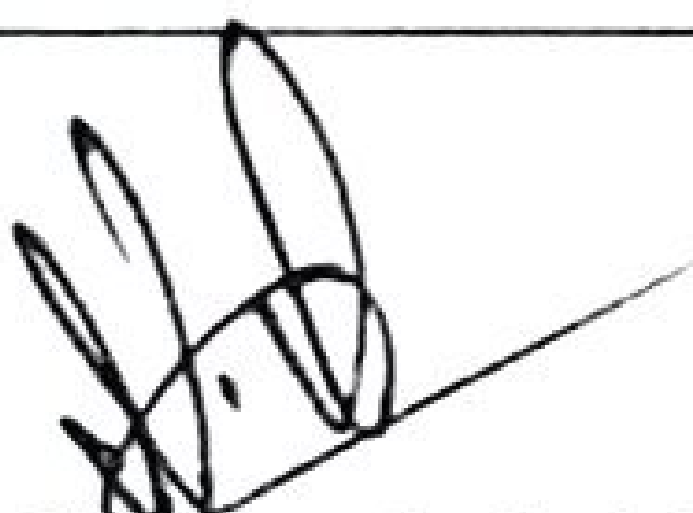
The SCC Committee Meeting was held on 11.09.2023, 3.30 PM in Student Counsellor Room- A1 Block

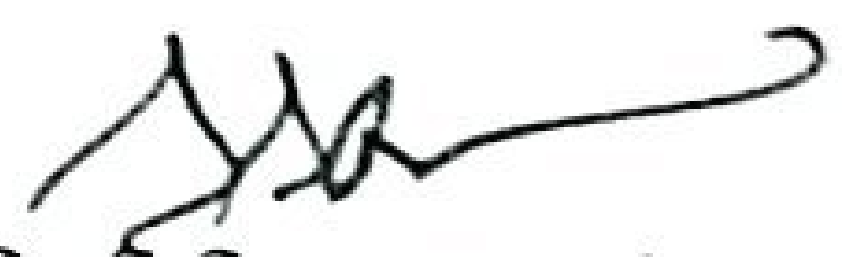
The Following members were present:

1. Dr.N.Chandrakala- Co-Ordinator
2. Ms. Ramya. S - Student Counsellor (Internal)
3. Mrs. Suji- Member
4. Dr.P.Sakthi Murugan- Member
5. Dr.M.Sofia- Member
6. Ms.V.Santhiya- Member

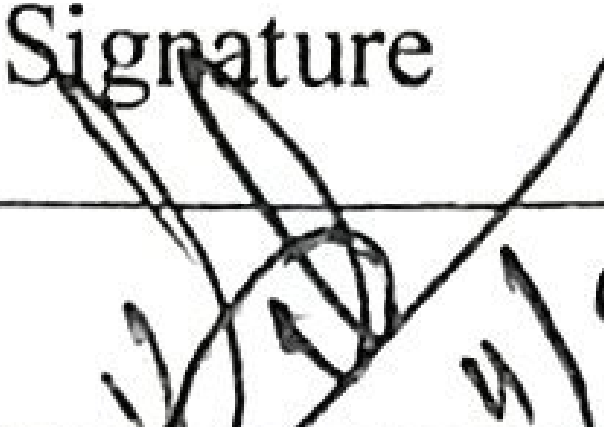
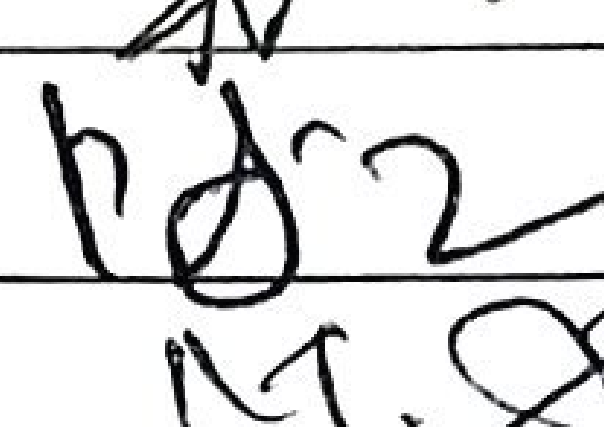
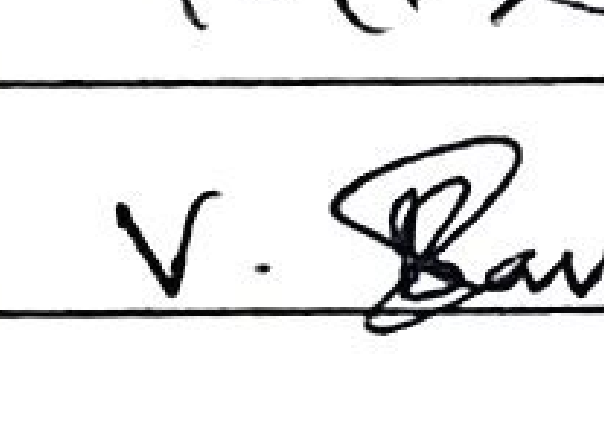
The following agenda is discussed in the meeting

Agenda	Decision Taken	Responsible Person
Informing the Appointment of Student counsellor (Internal): Ms. Ramya. S	Committee discussed the way to coordinate with counsellor and the procedure flow was discussed how to schedule the needy students to the counsellor through google sheet.	All members of SCC


(Dr.N.Chandrakala)
Co-ordinator


(Dr.S.Saravanan)
Principal i/c

List of Committees members participated:

S.No	Name	Signature
1	Dr.N.Chandrakala- Co-Ordinator	
2	Ms. Ramya. S - Student Counsellor (Internal)	
3	Mrs. Suji- Member	
4	Dr.P.Sakthi Murugan- Member	
5	Dr.M.Sofia- Member	
6	Ms. V.Santhiya- Member	



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SCC

AY 2023-24

Name of the Committee : SCC- Student Counselling Cell
Academic Year : 2023-24
Meeting No. : 04
Date & Time : 06.03.2024 & 3.30 PM
Venue : Student Counsellor Room- A1 Block

Minutes of the Meeting

The SCC Committee Meeting was held on 06.03.2024, 3.30 PM in Student Counsellor Room- A1 Block

The Following members were present:

1. Dr.N.Chandrakala- Co-Ordinator
2. Ms. Ramya. S - Student Counsellor (Internal)
3. Mrs. Suji- Member
4. Dr.P.Sakthi Murugan- Member
5. Dr.M.Sofia- Member
6. Ms.V.Santhiya- Member

The following agenda is discussed in the meeting

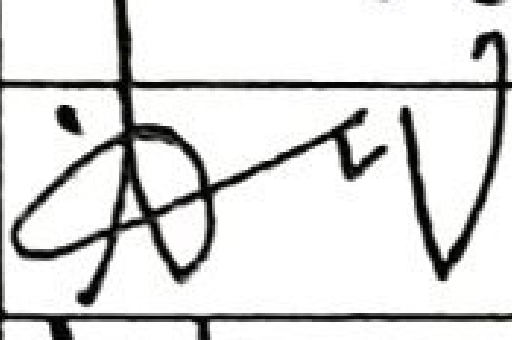
Agenda	Decision Taken	Responsible Person
Discuss about completion of events planned and issues faced in counselling the students and follow up issues.	Solutions received from the members to tackle the issues faced.	All members of SCC

(Dr.N.Chandrakala & Ms. Ramya. S)
Co-ordinator

(Dr.S.Saravanan)
Vice Principal

(Prof Dr.K.Ramamurthi)
Principal

List of Committees members participated:

S.No	Name	Signature
1	Dr.N.Chandrakala- Co-Ordinator	 6/3/24
2	Ms. Ramya. S - Student Counsellor (Internal)- Co-Ordinator	 6/3/24
3	Mrs. Suji- Member	
4	Dr.P.Sakthi Murugan- Member	
5	Dr.M.Sofia- Member	
6	Ms.V.Santhiya- Member	