

## Dr. N.G.P. ARTS AND SCIENCE COLLEGE

(An Autonomous Institution, Affiliated to Bharathiar University, Coimbatore)
Approved by Government of Tamil Nadu & Accredited by NAAC with 'A++' Grade (3<sup>rd</sup> Cycle 3.64 CGPA)
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## **Wellness Club**

## Activities for A.Y: 2024-25

S.No	Date	<b>Events- Planned</b>	Resource Person
1	17-Aug-24	Healthy Lifestyle Behaviour	Ms.S.Rakshitha Pabhakaran, Dietician, Gem Hospital, Coimbatore
2	30-Aug-24	Awareness on National Deworming Day	-
3	21-Sep-24	Nutrition For Everyday	Dr.Meera Raman, Dean Biosciences, Dr. N.G.P. Arts and Science College, Coimbatore
4	28-Dec-24	Poster Presentation- Awareness on Anemia	
5	04-Jan-25	Healthy Body: Healthy BMI-Check it out	Dr.S.Kokila Asst. Professor, Department of CLT, Dr.N.G.P. Arts and Science College, Coimbatore
6	15-Feb-25	Awareness on Communicable Diseases	-
7	22-Mar-25	Puppet show on Health and hygiene	Students of II B.Sc Food Science Nutrition
8	28-Mar-25	A Day with Doctor – Awareness Programme on Tuberculosis	Dr. Deepak TH, Pulmonologist, KMCH