



Dr. N.G.P. ARTS AND SCIENCE COLLEGE

(An Autonomous Institution, Affiliated to Bharathiar University, Coimbatore)
Approved by Government of Tamil Nadu & Accredited by NAAC with 'A' Grade (2nd Cycle)

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Student Counseling Cell Activities (June 2021- May 2022)

S.No.	Date	Topic	Name of the Speaker	Google Meet Link	Beneficiary
1.	06.05.2022	Webinar on Internet Addiction among Adolescents	Dr.M.Vijay, Assistant Professor and Head, Department of Psychology, Holy Cross College (Autonomous)-Trichy-2.	adx-ggaa-cyi	93 Students
2.	28.09-2021	Webinar on The Act of Self-harm-Psychiatric Emergency	Mangaleshwari Manjari.N, Assistant Professor in Psychology, KMCH College of Health Sciences, Coimbatore.	qrz-ndvz-yqn	100
3.	11.06.2021	Webinar on The Pandemic and Mental Health	Dr.Varsha Viswanathan, Psychiatry Resident, MBBS, MD, (Psychiatry), Mental Health Activist	qrz-ndvz-yqn	98
4.	10-06-2021	Webinar on Self-Compassion During the Covid-19 Pandemic	Ms. Sonia David, Psychologist. Mindful Mesmerisms, Bengaluru.	qrz-ndvz-yqn	98
5.	08-06-2021	Webinar on Be kind to Yourself	Mrs. S.Meherunissa, Assistant Professor, Department of Psychology, IBAS College for Women, Chennai.	qrz-ndvz-yqn	100
6.	07-06-2021	Webinar on Resilience during Crisis	Mr. M.Suresh Kumar, Head, Department of Psychology, The American College, Madurai.	qrz-ndvz-yqn	98
7.	03-06-2021	Webinar on Psychological Well-Being of Adolescent During the Pandemic	Ms.Ruthra. K, Psychologist, West Zone Coordinator, Police Well-Being Programme, NIMHANS	qrz-ndvz-yqn	100