



## Dr. N.G.P. ARTS AND SCIENCE COLLEGE

(An Autonomous Institution, Affiliated to Bharathiar University, Coimbatore)  
Approved by Government of Tamil Nadu and Accredited by NAAC with 'A' Grade (2<sup>nd</sup> Cycle)  
Dr. N.G.P. – Kalapatti Road, Coimbatore-641048, Tamil Nadu, India  
Web: www.drngpasc.ac.in | Email: info@drngpasc.ac.in | Phone: +91-422-2369100

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Metric 7.1.1

### 7.1.1. GENDER BASED ACTIVITIES FOR THE ACADEMIC YEAR 2016-17

The following are the Gender Based activities organized during the Academic Year 2016-17:

S. No.	Date	Event Type / Organized By	Resource person	Topic	Venue	Beneficiary
1	01.07.2016	Student Induction Programme	Dr. S. Sudha Assistant Professor Department of English Dr. NGPASC	<a href="#">Human Values and Ethics</a>	Dr. NGPASC	2221
2	04.07.2016 and 05.07.2016	2 Days Hands-on Workshop EDC along with Department of Nutrition and Dietetics	Staff members and Students of FSN	<a href="#">2 Days Hands-on training on "Fruits and Vegetable Preservation"</a>	Dr. NGPASC	40
3	25.07.2016	Center for Women Development	Mr.D.Sivakumar Advocate and Trustee, Aram Foundation Charitable Trust, Coimbatore	<a href="#">Countering the Act of Abuse</a>	Seminar Hall	100
4	01.08.2016 to 07.08.2016	Breast Feeding Week – Food Science and Nutrition	Dr. Silumbuchelvi Director, Shree Siva Hospital and Vamsam Fertility Centre,	<a href="#">"Breast Feeding - A Key to Sustainable Development"</a>	Dr. NGPASC	80





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			Coimbatore			
5	16.08.2016	Seminar/ Commerce with IT	Dr. S. Nakkiran, Professor, Co- operative Management and Coordinator for Ph. D. programme, Ambo University, Ethiopia	<a href="#">“Economic Empowerment of Women through Entrepreneursh ip – Problems and Prospects ”</a>	Dr. NGPASC	250
6	26.08.2016	Food Science & Nutrition and Biochemistry Department	Health Camp	<a href="#">The Health Camp 2016</a>	Dr. NGPASC	100
7	06.09.2016	Guest Lecture/ Centre for Women Development	Dr. P. R. Muthusamy Principal, Dr.R.Sathya Consultant Obstruction & Gemologist , Mr.A.Rathinasam y Founder & Chief Member Youth Help Foundation	<a href="#">Pre- Material Guidance program</a> <a href="#">“Uravukku Uyire Kodupom”</a>	Conferen ce Hall	200
8	16.10.2016	Awareness on world food day	Department of Food Science and Nutrition	<a href="#">Students and Staffs</a>	Kambar Arangam,	150
9	10.01.2017	Sexual Harassment Cell & Center for Women Development	Ms.Latha Sundaram, Managing Trustee Aram Foundation, Coimbatore	<a href="#">An Awareness and Precautions on Sexual Harassment</a>	Dr. NGPASC	300





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10	09.02.2017	Awareness Programme	Department of Food Science and Nutrition	<a href="#">Extension activity in PSGG Kanya Gurukulam School.</a>	PSGG Kanya Gurukulam School.	100
11	21.02.2017	Extension Activity	Department of Food Science and Nutrition	<a href="#">“Paarvai “ Activity for mentally challenged and orphanages children</a>	PSGG Kanya Gurukulam School, Coimbatore.	120
12	17.3.2017	Extension Activity	Department of Food Science and Nutrition	<a href="#">Demonstration on Fruits and Vegetable preservation</a>	Foods lab, DRNGPA SC	100
13	22.03.2017	Extension Activity	Department of Food Science and Nutrition	<a href="#">Extension activity in Sub Urban School</a>	Sub Urban School, Coimbatore.	100
14	26.3.2017	Extension Activity	Department of Food Science and Nutrition	<a href="#">Home gardening</a>	Kambar arangam	50





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### STUDENT INDUCTION PROGRAMME

**DATE:** 01.07.2016

**TOPIC:** Human Values and Ethics

Student Induction Programme was initiated on the first day of students stepping into the college. It was a six day programme that would furnish all the necessary information to acclimatize naturally with the institution. A circular for conducting the induction programme unanimously was circulated to all the departments. Each department models a timetable comprising the schedule of the induction programme in pursuance of instructions manifested by the University Grants Commission. The phases to conduct the programme were also rendered according to each department's feasibility and resources available.



Ms. S. Sudha, Assistant Professor, Department of English, DRNGPASC inculcates to the students of B.A English on the title "Human Values and Ethics" during the induction program





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### REPORT ON HANDS ON WORKSHOP ON FRUITS AND VEGETABLE PRESERVATION

**DATE:** 04/07/2016&05/07/2016

**PLACE:** Dr. N.G.P. Arts and Science College

**TOPIC :** Hands on workshop on Fruits and Vegetable preservation

The Department and Entrepreneurship Development Cell of Dr. N.G.P. Arts and Science College (Autonomous), Coimbatore has organized 2 Days Hands-on Workshop on Fruit and Vegetable Preservation on 4<sup>th</sup> and 5<sup>th</sup> July 2016. About 40 Women Self Help Group members of Coimbatore district were participated in this workshop.

#### OBJECTIVE

The objective of this workshop is to increase the number of small scale industries and encouraged to become successful entrepreneurs. Faculty members and students of the Department trained Women Self Help Group members on fruits and vegetables preservation in the form of jams, sauces, squashes, cookies, cakes and weaning foods. The training has been provided at the Food Science Laboratory of the department. The products are mixed fruit jam, pine apple jam, pineapple squash, grape squash, protein rich balls, health mixes, nutri- cookies, chocolate cake and fruit cake. A small recipe book was designed and distributed to all the women along with the participation certificates.







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Hands-on Workshop on Fruit and Vegetable Preservation on 4<sup>th</sup> and 5<sup>th</sup> July 2016 organized by Department of Nutrition and Dietetics jointly with Entrepreneurship Development Cell of Dr. N.G.P. Arts and Science College. (Left) Certificate Distribution by Dr. P.R. Muthuswamy - Principal, Dr. N.G.P. Arts and Science College. (Right) Participants with Certificates






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## INVITATION

  
**டாக்டர் என்.ஜி.பி. கலை மற்றும் அறிவியல் கல்லூரி**  
(தன்னாட்சி)  
தேசிய தர மதிப்பீட்டுக் குழு அங்கீகாரம் பெற்றது  
டாக்டர் என்.ஜி.பி. நகர் - காளப்பாடி சாலை, கோயம்புத்தூர் - 641 048

**ஊட்டச்சத்து மற்றும் உணவுக் கட்டுப்பாட்டுத் துறை**  
மற்றும்  
**தொழில்முனைவோர் மேம்பாட்டு மையம்**  
மற்றும்  
புதிதாக அரசின் தொழில்முனைவோர் மேம்பாட்டு நிறுவனத்தின் மூலம் நிறுவப்பட்டது  
**பழங்கள் மற்றும் காய்கறிகள் பதப்படுத்துதல்**  
**குறித்த தொழில்முனைவோர் மேம்பாட்டுப் பயிலரங்கு**

அன்புடையீர்,  
பணக்கம்.  
டாக்டர் என்.ஜி.பி. கலை மற்றும் அறிவியல் கல்லூரி ஊட்டச்சத்து உணவுக் கட்டுப்பாட்டுத் துறையும் மற்றும்  
தொழில்முனைவோர் மேம்பாட்டு மையமும் இணைந்து நடத்தும் பழங்கள்  
மற்றும் காய்கறிகள் பதப்படுத்துதல் குறித்த தொழில்முனைவோர் மேம்பாட்டுப்  
பயிலரங்கு எதிர்வரும் 05.07.2016 செவ்வாய்க்கிழமை அன்று பிற்பகல்  
3.00 மணிக்கு வள்ளுவர் அரங்கில் நடைபெறவுள்ளது. அவ்வமயம்.

**திருமதி பி. கயல்விழி** அவர்கள்  
உதவிப் பொறியாளர் - குறு சிறு மற்றும் நடுத்தரத் தொழில்கள் அமைச்சகம்  
இந்திய அரசாங்கம், கோயம்புத்தூர்

**திருமதி த.நீத்யா** அவர்கள்  
மேலாளர்-மாவட்ட வழங்கல் மற்றும் சந்தைப்படுத்துதல்  
பெண்கள் மேம்பாட்டு மையம், கோயம்புத்தூர்

**பழங்கள் மற்றும் காய்கறிகள் பதப்படுத்துதல்**  
**குறித்த தொழில்முனைவோர் மேம்பாட்டுப் பயிலரங்கில்**  
சிறப்புரையாற்றவும்

**மருத்துவர் தவமணிதேவி பழனிசாமி** அவர்கள்  
செயலர் - டாக்டர் என். ஜி. பி. கலை மற்றும் அறிவியல் கல்லூரி (தன்னாட்சி)  
தலைமையுரையாற்றவும் இசைவு தெரிவித்துள்ளனர்.

இத்தகு சிறப்பு வாய்ந்த விழாவிற்குத் தாங்கள் வருகை தந்து விழாவைச்  
சிறப்பிக்க வேண்டுகிறோம்.

இங்ஙனம்,  
ஊட்டச்சத்து மற்றும் உணவுக் கட்டுப்பாட்டுத் துறை மற்றும்  
தொழில்முனைவோர் மேம்பாட்டு மையம்





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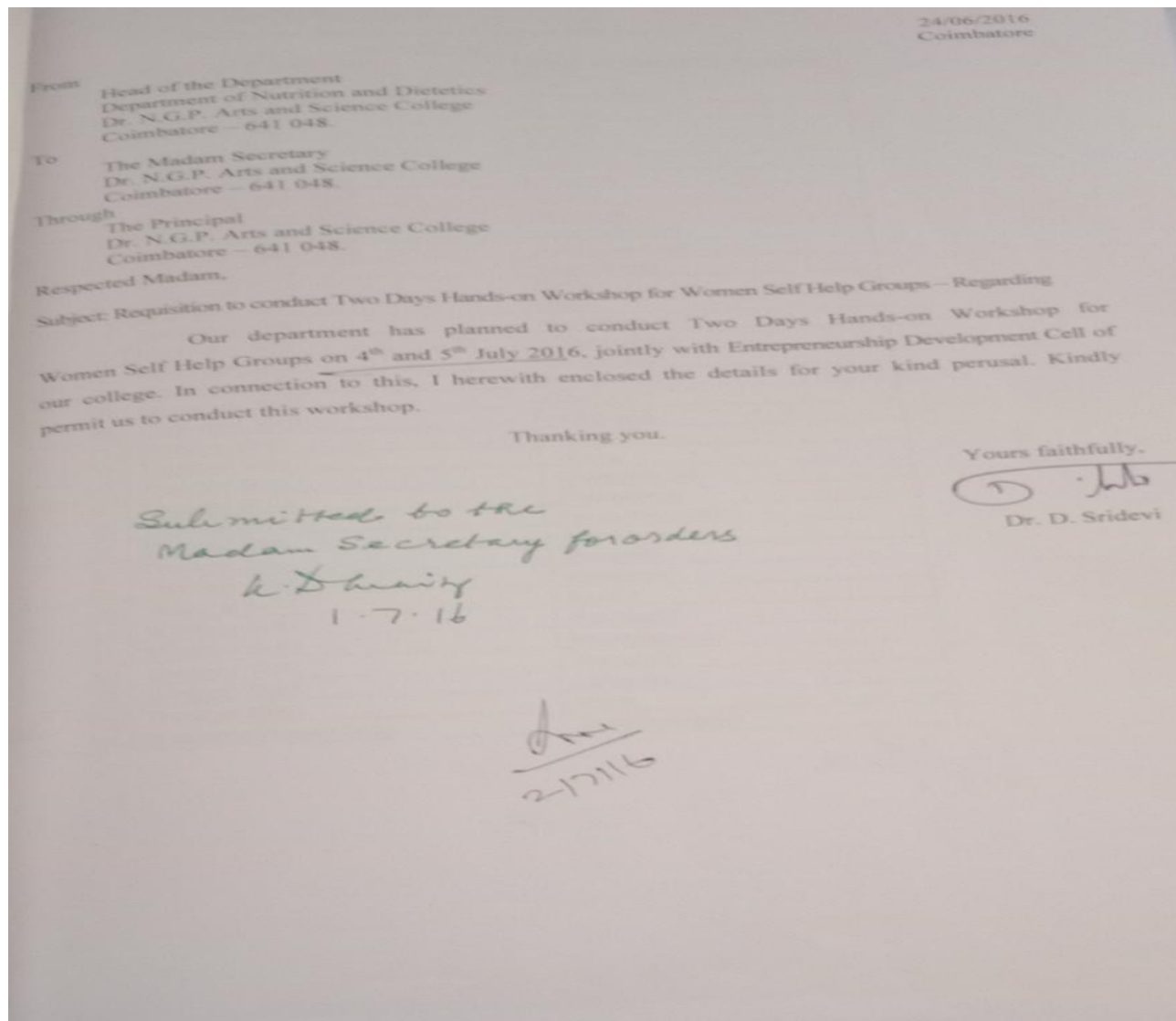
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### APPROVAL DOCUMENT





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Metric 7.1.11

## ATTENDANCE

Department of Nutrition & Dietetics  
Two days workshop on Fruit & Vegetable Preservation for SHG Women, in Collaboration with Entrepreneurship Development Cell.

பெயர்	கூடுதல் பெயர்	தைவ்வொப்பம்
M. சகுந்தலா	உளர்நீரை மதளிர் சுவைசுவைக்கு	M. சகுந்தலா
R. சந்தானலட்சுமி	"	R. S. H
D. நித்யா	"	alt
D.S விஜயலட்சுமி	"	D.S. Vijaya
S சரண்யா	"	S S
P. துவாரகா நாயகி (அ) இரவகி	"	P.T. N. K.
M. லக்ஷ்மி	உதாரணம் மதளிர் சுவைசுவைக்கு	M. Manjula.
Vijaya	"	Vijaya
J. பிரசாந்தி	பாடுதல் தரணம் மதளிர் சுவைசுவைக்கு	J. Prashanthi
K. நாதம் லக்ஷ்மி	நீர் சக்தி விநாயகன்	K. N. Lakshmi
M. லக்ஷ்மி	நீர் சக்தி விநாயகன்	M. Lakshmi
J. சக்தி கன்	சுந்தர்	J. Sakthi Kan
U. வைணவியா	சுடர் சுவை	U. Veniya

2 days





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List of members of Self help group  
District Mission Management Unit  
Tamilnadu State Rural Livelihood Mission  
Coimbatore

S. No	Name of the Group	Name of the SHG Member
1	Sri sakthi Vinayager SHG	Nagammai
2	Sri sakthi Vinayager SHG	Nuthuchathra
3	Sudar oil SHG	Abrami
4	Sudar oil SHG	Vennila
5	Sudar oil SHG	Kalaiselvi
6	Sudar oil SHG	Ayanthi
7	Thannambikari SHG	Lakshmi
8	Thannambikari SHG	Nimala
9	Thannambikari SHG	Deivanai
10	Thannambikari SHG	Vijyalakshmi
11	Thannambikari SHG	Bakkalakshmi
12	Valarpirai SHG	Sagunthala
13	Valarpirai SHG	Girja
14	Valarpirai SHG	Jothi
15	Valarpirai SHG	Manonmani
16	Gopuram SHG	Vijayasanthi
17	Gopuram SHG	Suryakala
18	Gopuram SHG	Neelavathi
19	Gopuram SHG	Gokila
20	Gopuram SHG	Prasanna
21	Tholigal SHG	Manjula
22	Tholigal SHG	Vijaya
23	Tholigal SHG	Chandrakala
24	Tholigal SHG	Someswari
25	Tholigal SHG	Parvathageetha
26	Tholigal SHG	Manimegalai
27	Tholigal SHG	Vasanthi
28	Tholigal SHG	Kalaiselvi
29	Tholigal SHG	Sarala
30	Tholigal SHG	Kalaiselvi
31	Tholigal SHG	Muniyammal
32	Tholigal SHG	Gayathiri
33	Tholigal SHG	Lakshmi
34	Tholigal SHG	Priya
35	Bharathidhasan SHG	Jayathangam

K.D.S.





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## FEEDBACK

AC 17b

Dr.N.G.P Arts and Science College, Coimbatore.  
FEED BACK ON INTERNSHIP TRAINING BY STAFF

Name : ச. சித்ரா

Class : SHG

Department : FSN Dept.

Place of training : Dr. N.G.P ASC. (Food Lab)

Name of the Organization/ Institution : Dr. N.G.P ASC

Address and phone number : 73 சிவன் வீடு,  
சென்னை 48.

Period of training : \_\_\_\_\_

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மகாநிதி நிபந்தனை . 2 நாள் பயிற்சி எடுக்கக்கூடாது .  
மிகவும் சுவைமயமான பயிற்சி அளித்த மகாநிதி எடுக்கக்கூடாது .  
பயிற்சி அளித்தார்கள் . சிறிய பயிற்சி மீண்டும்  
பயிற்சி அளிப்பதற்கும் . சிறிய பயிற்சி மீண்டும்  
கூடுதல் அளித்தால் சுவைமயமான பயிற்சி அளிப்பது .  
கூடுதல் . மாணவர் களுக்கும் , சமீபியர்களுக்கும்  
சாத்தியமான நுண்மிகளை கொடுக்கக்கூடாது .

P.S. Jayasree A. Jothi ச. சித்ரா

Signature of the HOD Signature of the Faculty and Staff







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### CERTIFICATE



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Affiliated to Bharathiar University, Coimbatore  
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Phone : 0422 – 2369100, 2369252,2628944 | FAX : 0422 - 2369209  
Email: drngparts@kmch.ac.in | Web : www.drngpasc.ac.in

DEPARTMENT OF NUTRITION AND DIETETICS

### CERTIFICATE

This is to certify that Mr/Ms NAGAMMAL from SRI SAKTHI VINAYAGAR SHG has participated in WORKSHOP ON FRUIT AND VEGETABLE PRESERVATION held on 04.07.16 and 05.07.16 at Dr.N.G.P.ASC.

Dr. D. Sridevi  
Head of the Department

Principal



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## GUEST LECTURE ON COUNTERING THE ACT OF ABUSE

**DATE:**25/07/2016

**PLACE:** Dr. N.G.P .Arts and Science College

**TOPIC:** Countering the Act of Abuse

Centre for Women Development organized a guest lecture on Countering the Act of Abuse at Seminar Hall on July 25, 2016. Mr.D.Sivakumar, Advocate and Trustee, Aram Foundation Charitable Trust, Coimbatore was the chief guest for the program. The convener for Centre for Women Development Dr. M. Meenakshi Saratha welcomed the gathering. The guest delivered a lecture on the ways through which the students could encounter the abuse against them. Students of III year Under Graduate programs attended the program and they interacted with the chief guests. It was an eye opener session for the students. Ms.S.Maheswari Assistant Professor Dept. of Computer Science delivered the vote of thanks





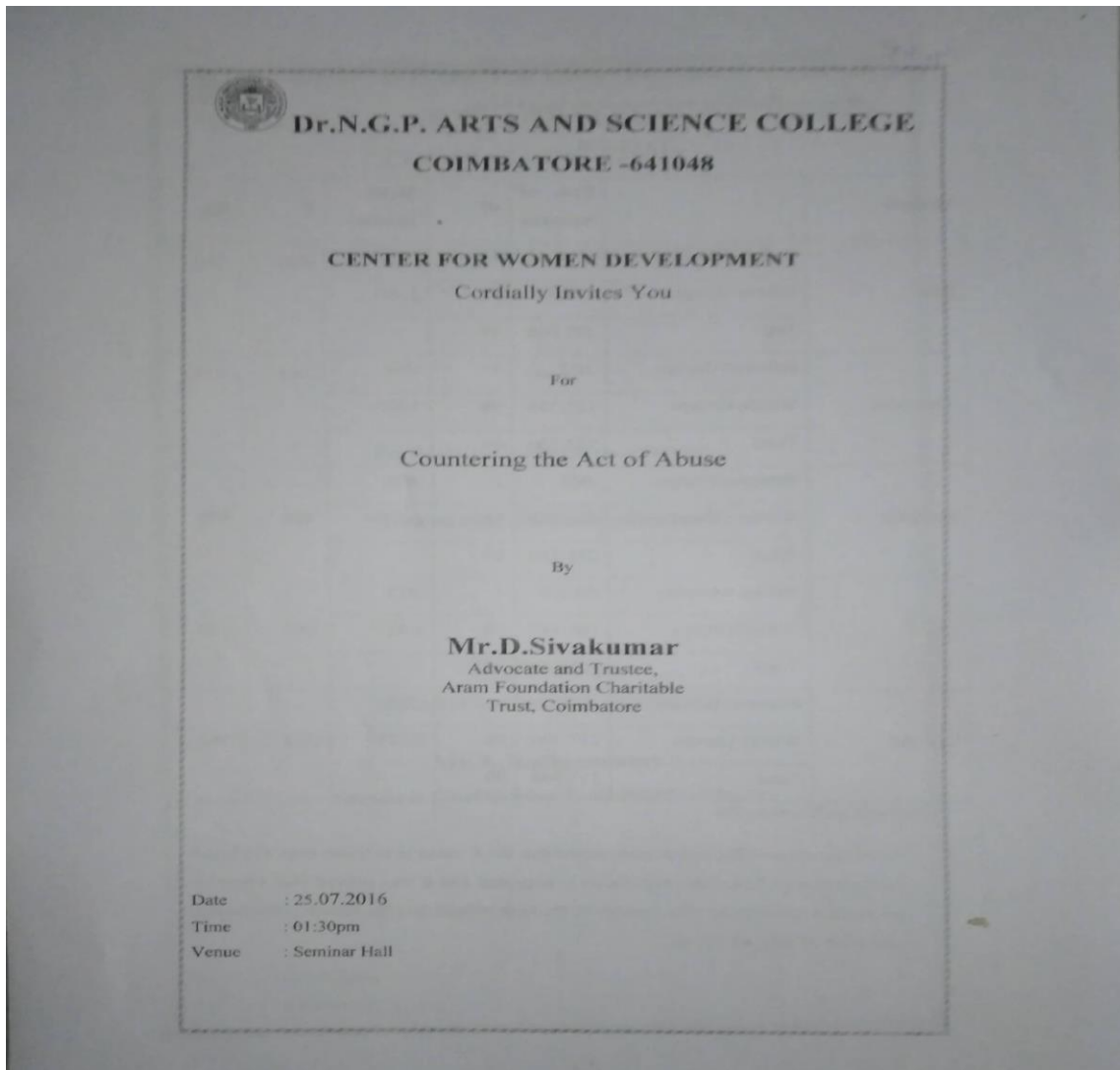
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*Mr.D.Sivakumar addressed the gathering*





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		<p align="center"><b>Criterion V</b>  <b>Metric 7.1.11</b></p>

## REPORT ON BREAST FEEDING WEEK

**DATE:** 4/08/2016& 5/08/2016

**PLACE:** Dr. N.G.P. Arts and Science College

**TOPIC :** World Breast Feeding Week (August 1-8)

The Department conducted a programme under the title “**Breast Feeding – A key to sustainable development**” “to spread the awareness of breast feeding among the adolescent girls of our college students. On behalf of breast feeding week celebration we organized cookery and poster competitions for all the I year Post graduate students of Dr. N.G.P Arts and Science College, Coimbatore. About 7 teams from various departments were participated in poster competition and 5 groups for cookery competition. On third day a lecture session entitled on Breastfeeding –a key to sustainable development presented by Dr.Silumbuchelvi M.D., D.G.O., D.N.B, for the I year postgraduate students of all disciplines on 5<sup>th</sup> August 2016.

### **OBJECTIVE**

An awareness about the importance of breastfeeding and nutritional composition of breast milk and the complications occur during lactation period to the students.





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### INVITATION



*Dr.N.G.P .Arts and Science College (Autonomous)  
Department of Nutrition and Dietetics*

*On behalf of Breastfeeding week- 2016*



*We cordially invite you for the*

*Guest Lecture*

*On*

*Breastfeeding- a key to sustainable development*

*By*

**DR. SILUMBUHELVI M.D., D.G.O., D.N.B**

*DIRECTOR*

*SHREE SIVAA HOSPITAL AND VAMSAM FERTILITY RESEARCH CENTRE  
COIMBATORE-641014*

**VENUE:** D-BLOCK, SEMINAR HALL-2

**DATE :** 5<sup>th</sup> August 2016 & **TIME :** 10.00a.m -11.00a.m





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### REPORT ON ONE DAY NATIONAL LEVEL SEMINAR SPONSORED BY ICSSR ON ECONOMIC EMPOWERMENT OF WOMEN THROUGH ENTREPRENEURSHIP- PROBLEMS AND PROSPECTS

**DATE:** 16.8.2016

**PLACE:** Dr. N.G.P .Arts and Science College

**TOPIC:** Economic Empowerment of Women through Entrepreneurship- Problems and Prospects.

Department of Commerce With Information Technology under Com Tech association has organized the One day National level Seminar on the topic “**Economic Empowerment of Women through Entrepreneurship problems and prospects**“ was held on 16 August 2016, 9.45 am at N.G.P Conference Center. Dr. Thavamani D.Palaniswami, Secretary, Kovai Medical Center Research and Educational Trust have given the Inaugural Address.

Dr. S. Nakkiran, Professor, Co-operative Management and Coordinator of Ph.D. Programme, Ambo University, Ethiopia have addressed the students on the topic” Challenges and Opportunities of women Entrepreneurship in Indian Context” for the Technical Session-I.

Dr. S.Sivakumar , Associate Professor, School of Governance and Development Studies , Hawassa University, Ethiopia have addressed the students on the topic “Micro Finance and women Entrepreneurship” for the Technical Session II. Professor Rithi Rani, Symbiosis Institute of Business, Hyderabad has shared the information on the topic “Entrepreneurial Motivations as Determinants of Women Entrepreneurship” for the students in Technical Session-III.

This conference main motive was to counsel the students to demonstrate their multitasking ability. She highlighted about Women entrepreneurship and how a women accepts challenging role to meet her personal need and become economically independent. There are economical, social, religious, cultural and other factors existing in the society which responsible for the development of women entrepreneurs. The session had witnessed enthusiastic participation from students. Questions raised and students answered and cleared their doubts which made the session more interactive and innovative one. Around 250 participants were benefited from this event.

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## INVITATION

**One Day National Level Seminar**  
On  
**Economic Empowerment of Women through Entrepreneurship - Problems and Prospects**  
Sponsored by  
*Indian Council of Social Science Research, New Delhi*

**REGISTRATION FORM**

Name : \_\_\_\_\_  
Designation : \_\_\_\_\_  
Department & College : \_\_\_\_\_  
Title of the Paper : \_\_\_\_\_

DD Number and Date : \_\_\_\_\_  
Bank : \_\_\_\_\_  
Address for Communication : \_\_\_\_\_

Phone Number : \_\_\_\_\_  
E-Mail ID : \_\_\_\_\_  
Date : \_\_\_\_\_ Signature \_\_\_\_\_

*For Further Details Please Contact*  
**Dr. S. SARAVANAN**  
Organising Secretary  
Professor and Head,  
Department of Commerce IT  
Dr.N.G.P Arts and Science College,  
Kalapatti Road, Coimbatore-48  
Mob.: 99420 45221

**Sub themes of the seminar**

- Challenges & Opportunities of Women Entrepreneurship in Indian Context
- Micro Finance and Women Entrepreneurship
- Factors responsible for encouraging women to become entrepreneurs
- Avenues of Women Entrepreneurship
- Youth Entrepreneurship
- Other related topics

**Submission Guidelines**  
The seminar invites unpublished, conceptual and empirical research papers and case studies on the above theme and sub themes. The selected papers will be published in the proceedings/ **ISBN Edited Book** and few papers with high research value will be published in **Journal of Commerce and Management (ISSN-2249-0422)**. All the papers are subjected to scrutiny by the technical expert committee.


- Full Text and abstract should be single-spaced in an A4 page size with Times New Roman as font type.
- Maximum three authors per paper are permitted and each author should pay the registration fee separately. Abstract should not exceed 500 words, full paper (including the title page, references and appendix) should not exceed 10 pages (in word.doc Format).
- Title page should include Authors Name, affiliation of authors, contact number and e-mail ID.
- Follow the Harvard reference style of citation for all references and bibliographies.
- The manuscript of the article should be sent to [ngpcomtechseminar@gmail.com](mailto:ngpcomtechseminar@gmail.com)


Papers must be enclosed with the registration form and necessary fee.  
Last date for the submission of abstract and full paper: **on or before 5<sup>th</sup> August 2016.**

**Registration Fees**


Faculty Members	Rs.250
Students/Research Scholars	Rs.150
In absentia	Rs.350

The registration fee has to be paid by demand draft drawn in favour of **Dr.N.G.P, Commerce IT**, Payable at Coimbatore-641048

**One Day National Level Seminar**  
On  
**“Economic Empowerment of Women through Entrepreneurship - Problems and Prospects”**  
Sponsored by  
  
*Indian Council of Social Science Research, New Delhi*



On  
**16<sup>th</sup> August, 2016**



**Organized By**  
**POST GRADUATE AND RESEARCH DEPARTMENT OF COMMERCE (IT)**  
**Dr. N.G.P. ARTS AND SCIENCE COLLEGE (AUTONOMOUS)**  
Re-Accredited by NAAC with 'A' Grade  
(An Institution of Kovai Medical Center Research & Educational Trust), Kalapatti Road  
Coimbatore - 641 048.







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*Economic Empowerment of Women through Entrepreneurship – Problems & Prospects*





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### REPORT ON HEALTH CAMP

**DATE:** 26/08/2016

**PLACE:** Dr. N.G.P. Arts and Science College

**TOPIC:** Health Camp

A health camp was conducted on 23<sup>rd</sup>, 24<sup>th</sup> and 26<sup>th</sup> August, 2016 at Dr. N. G. P. Arts and Science College for first the year students. The health camp was organized to assess the General Checkup, Dental checkup, Eye screening and hemoglobin analysis. Fifteen B.Sc. Nursing and Five M.Sc. Nursing students were trained under the guidance of Dr. Pounraj and Dr. Saravanan for this purpose. Along with Dr. Saravanan, Dr. Ramani, Dr. Sangavi, and other two junior doctors did the dental screening. Students who were screened and found to have defects were given camp referral card and were referred to KMCH & Veerianpalayam Medical Center for further evaluation and treatment.

#### OBJECTIVE

The health camp -2016 was organized by KMCH College of Nursing jointly with our department and department of Biochemistry to assess the nutritional status of the first year UG and PG students of all disciplines from our college. The student volunteers of nutrition and dietetics assessed anthropometric parameters especially Body mass index and nutritional counseling were provided to maintain their health status after assessing hemoglobin with the help of Biochemistry student volunteers. The health camp was organized to assess the General Checkup, Dental checkup, Eye screening and hemoglobin analysis.





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*Health Assessment by the students*





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### ATTENDANCE

S.No	Register No	Name
1	161ND001	ABINAYA V
2	161ND002	AISHWARIYA A
3	161ND003	AISHWARYA S.L.
4	161ND004	AISWARIYA L
5	161ND005	ANAS U.V
6	161ND006	ARTHI G
7	161ND007	ARUNADEVI K
8	161ND008	ATHIRA C.
9	161ND009	BECKY ELSA SAMKUTTY
10	161ND010	DEEKSHIKA K
11	161ND011	DHARANI V
12	161ND013	GAUTHAM P
13	161ND014	GAYATHRI R
14	161ND015	GAYATHRI V
15	161ND016	JAYAVARSHINI P
16	161ND017	KARTHIKEYAN K
17	161ND018	KASTHURI S
18	161ND019	KAUSHIKA A
19	161ND020	KAVIN M
20	161ND021	KEERTHANA E.
21	161ND022	KEERTHANA K
22	161ND023	KIRAN BENNY
23	161ND024	KIRAN JOSEPH ANTONY
24	161ND025	KIRUTHIKA V
25	161ND026	KODIMALAR M
26	161ND027	LALITHA M
27	161ND028	LALIYA HAMZA
28	161ND029	LARA ANNIE M S C
29	161ND030	LYNEL SANJAY S.
30	161ND031	MARIA SAJU
31	161ND032	MOHAMED NASEEH

32	161ND033	MOHAMMED JALAL A.K
33	161ND034	MOHAMMED RAZIN A K
34	161ND035	MOHANAPRIYA K.
35	161ND036	MOULITHARAN.T
36	161ND037	MUTHULAKSHMI S
37	161ND038	NIKILA A
38	161ND039	NIROOPA B
39	161ND040	NITHIYA SHREE K
40	161ND041	NIVETHA K
41	161ND042	PAUL CLINTON N
42	161ND043	PONANITHA P J
43	161ND044	PRAWIN A P
44	161ND045	PRIYADARSHINI T.
45	161ND046	PRIYANKA S
46	161ND047	ROSEMIN S.
47	161ND048	SAGAR K.S
48	161ND049	SANDEEP D
49	161ND050	SANGEETHA B
50	161ND051	SASIKALA M
51	161ND052	SATHYA S.U.
52	161ND053	SHALINI V.P.
53	161ND054	SHOBANA B
54	161ND055	SHREYA.K.P.
55	161ND056	SMIRTHI M
56	161ND057	SOORYA SRI S G
57	161ND058	SOWMIYA P
58	161ND059	SOWNDHARYA K.
59	161ND060	SUDHINA C.S.
60	161ND061	VIDHYA V
61	161ND062	VIGASHINI R
62	161ND063	VIJAY SHREE M
63	161ND064	VINISHA S.
64	161ND065	YADHUKRISHNA R





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		<p align="center"><b>Criterion V</b>  <b>Metric 7.1.11</b></p>

## REPORT ON PRE-MARITAL GUIDANCE

**DATE:** 06.09.2016

**PLACE:** Dr. N.G.P. Arts and Science College

**TOPIC :** Pre-Marital Guidance

Centre for Women Development organized a program on Pre-Marital Guidance at Kambar Arangam on September 6, 2016. Dr.P.R.Muthusamy , Principal , Dr. N.G.P. Arts and Science College were the chief guest of the day . The convener for Centre for Women Development. Dr.M. Meenakshi Saratha welcomed the gathering. The guest counseled the students on premarital guidance to have a strong and long relationship in their life. Students of III year Under Graduate programs attended the program and they interacted with the chief guests.







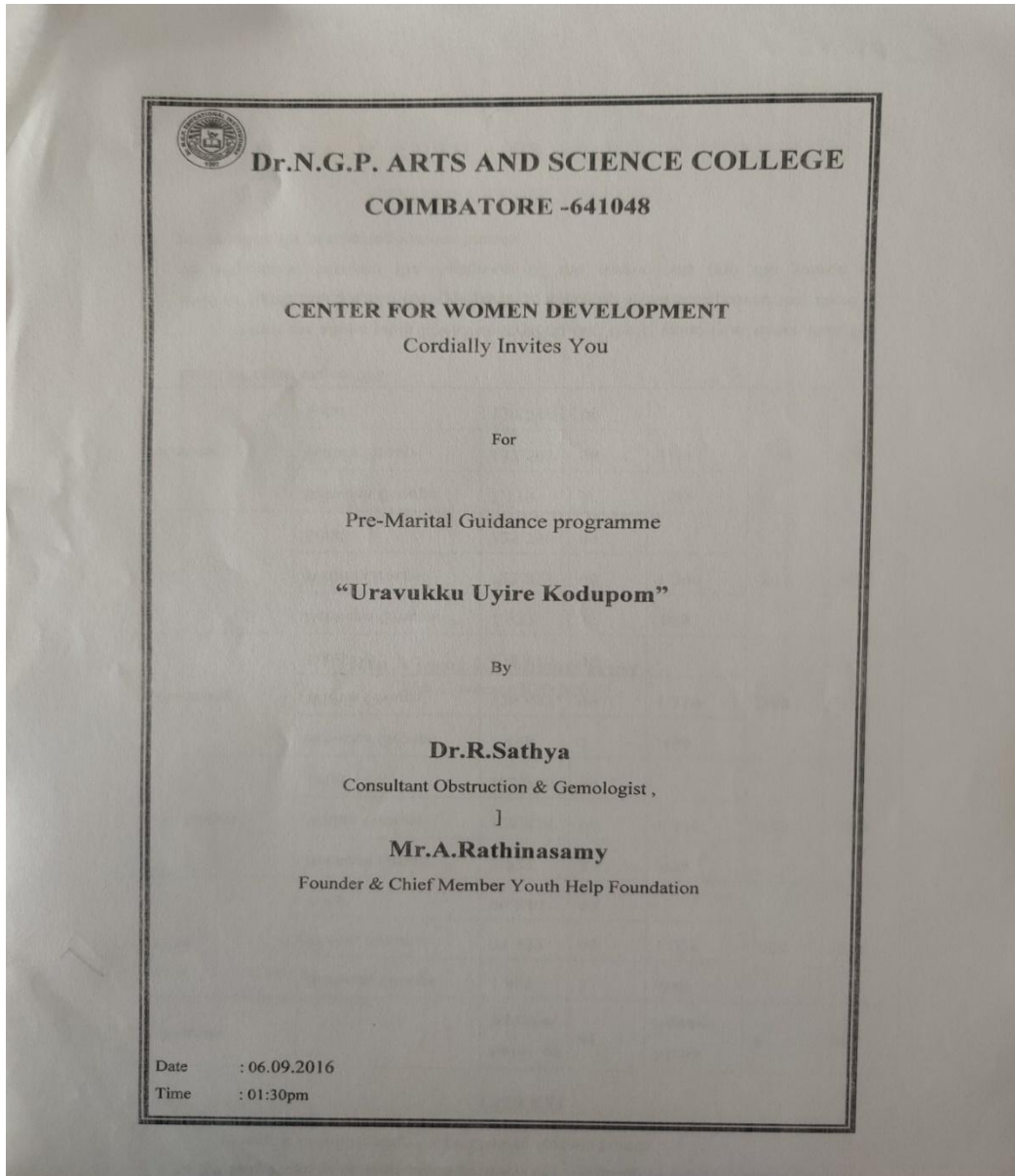
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*Pre-Marital Guidance & Students Interaction*



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## REPORT ON AWARENESS ON WORLD FOOD DAY

**DATE:** 16/10/2016

**PLACE:** Dr. N.G.P. Arts and Science College

**TOPIC :** Awareness on World Food Day

Awareness on World Food Day was created to our college students by displaying the World Food Day poster with the theme on “Climate is changing. Food and Agriculture must too” on all students’ notice boards. The poster was designed by Mr. S. Daniel Robert, Assistant professor.

### **OBJECTIVE**

An awareness about the importance of World Food day to meet the goal for achieving hunger in 2030.





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COIMBATORE – 641048  
DEPARTMENT OF NUTRITION AND DIETETICS

### World Food Day

16 October 2016



## World Food Day October 16



**EDUCATE, ADVOCATE & TAKE ACTION  
FOR A HUNGER-FREE WORLD**

Food security is recognized as a priority area for action. The global goal for achieving Zero Hunger is 2030, but without addressing climate change, it cannot be reached.

#### What we can do?

Everyone has a role to play in mitigating the effects of climate change. Countries need to invest in smallholder farmers and sustainably increase food production, but there are also a number of actions that we can take to help. By being conscientious or ethical consumers and changing simple day-to-day decisions, for example, by wasting less food, or eating less meat and more nutritious pulses, we can reduce our environmental footprint and make a difference.



Food and Agriculture Organization  
of the United Nations



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		<p align="center"><b>Criterion V</b> Metric 7.1.11</p>

## **REPORT ON AWARENESS AND PRECAUTIONS ON SEXUAL HARASSMENT**

**DATE:** 10/01/2017

**PLACE:** Dr. N.G.P. Arts and Science College

**TOPIC :** Awareness And Precautions On Sexual Harassment

Centre for Women Development organized a program on A awareness and Precautions on Sexual harassment at Kambar Arangam on January 10, 2017. Ms.Latha Sundaram, Managing Trustee , Aram Foundation, Coimbatore was the chief guest of the event . Dr.M. Meenakshi Saratha, convener for Centre for Women Development welcomed the gathering. The chief guests created an awareness among the students on precautions to be taken against sexual harassment by her wonderful speech. Girls Students of Under Graduate programs attended the program and they interacted with the chief guests








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### INVITATION

**Dr.N.G.P. ARTS AND SCIENCE COLLEGE**  
**COIMBATORE -641048**

**CENTER FOR WOMEN DEVELOPMENT**  
Cordially Invites You

For

**An Awareness and Precautions on Sexual Harassment**

By

**Ms.Latha Sundaram,**  
Managing Trustee Aram Foundation,  
Coimbatore

Date : 10.01.2017  
Time : 01:30pm  
Venue : Seminar Hall





## Dr. N.G.P. ARTS AND SCIENCE COLLEGE

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Metric 7.1.11



*An awareness and precautions on sexual harassment*



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		<p align="center"><b>Criterion V</b> Metric 7.1.11</p>

## **REPORT ON FOOD HYGIENIC PRACTICES AND THE IMPORTANCE OF HEALTHY FOODS**

**DATE:** 09/02/2017

**PLACE:** PSGG Kanya Gurukulam, Coimbatore

**TOPIC :** Food hygienic practices and the importance of healthy foods.

About 20 girls were assessed by using a questionnaire, we have studied the impact of their consumer attitude pattern of both junk foods and street foods. About 14 students of our III B.Sc food science and nutrition delivered the ill effects of junk foods, street foods, and processed foods. They have also given the food hygienic practices and the importance of healthy foods.

### **OBJECTIVE**

An awareness programme for the school students about the consumption and consumer attitudes of junk foods and street foods.



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*Students of III B.Sc Food science and Nutrition delivered the ill effect of junk foods, street foods, and processed foods*





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### FEEDBACK



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**DEPARTMENT OF AND NUTRITION AND DIETETICS**  
**FEED BACK FORM**

NAME : Deekshika.K  
DATE : 09/02/17

**FEEDBACK OF THE PROGRAMME**

The event helped us to educate the children on hygienic practices to be followed.

Deekshika.K  
SIGNATURE







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Criterion V  
Metric 7.1.11

### CERTIFICATE



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DEPARTMENT OF NUTRITION AND DIETETICS

### CERTIFICATE

This is to certify that Mr/Ms **ABINAYA. V** student of **NUTRITION AND DIETETICS** has participated in **EXTENSION ACTIVITY ON FOOD HYGIENIC PRACTICES FOR SCHOOL CHILDREN** held on **09.02.2017** at **Dr.N.G.P ASC**

Dr. D. Sridevi  
Head of the Department

Principal



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## REPORT ON ACTIVITY FOR MENTALLY CHALLENGED AND ORPHANAGES

**DATE:** 21/02/2017

**PLACE:** PSGG Kanya Gurukulam, Coimbatore

**TOPIC:** Activity for mentally challenged and orphanages

### OBJECTIVE

Our I B.Sc food science and nutrition students participated in organizing a field work recent nutritional moves and transition.

Description :In collaboration with G-18,a public charitable trust along with Gandhian department, PSGR Krishnammal college are jointly conducting a workshop “Paarvai “on 21<sup>st</sup> Feb 2017.

They have also engaged orphans and mentally challenged people in psycho development characteristics.



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*I B.Sc food science and nutrition students participated in organizing a field work recent nutritional moves and transition*





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## FEEDBACK



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**DEPARTMENT OF AND NUTRITION AND DIETETICS**  
**FEED BACK FORM**

**NAME** : Sowmiya . P  
**DATE** : 21/2/17

**FEEDBACK OF THE PROGRAMME**

The event helped us to have a better exposure with the psycho development characters of physically challenged people.

  
SIGNATURE





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**DEPARTMENT OF NUTRITION AND DIETETICS**

**CERTIFICATE**

This is to certify that Mr/Ms **AISHWARYA. S. L** student of **NUTRITION AND DIETETICS** has participated in **ACTIVITY FOR MENTALLY CHALLENGED AND ORPHANS BY G-18 PUBLIC TRUST** held on **21.02.2017** at **Dr.N.G.P ASC**



**Dr. D. Sridevi**  
Head of the Department



**Principal**





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## REPORT ON DEMONSTRATION ON FRUITS AND VEGETABLE PRESERVATION

**DATE: 17/03/2017**

**PLACE:** Food Science Laboratory.

**TOPIC :** Demonstration on Fruits and Vegetable preservation

### OBJECTIVE

The faculty in charge and III UG students oriented the program on fruits and vegetables preservation in the form of jams, sauces and squashes.

A demonstration program on Fruit and Vegetable Preservation was organized on 17<sup>th</sup> march 2017 for the 60 NMEC students. The faculty in charge and III UG students oriented the program on fruits and vegetables preservation in the form of jams, sauces and squashes. The training has been provided at the Food Science Laboratory of the department.





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*Students of III B.Sc Food science and Nutrition demonstrated the Fruits and Vegetable preservation techniques for NMEC students.*





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### INVITATION

**Dr. N.G.P. ARTS AND SCIENCE COLLEGE (Autonomous)**

**Department of Nutrition and Dietetics**

Cordially invites you for the



***Workshop on "Fruit and Vegetable preservation"***

**Date** : 17.03.2017

**Venue** : Food's Lab (Department of Nutrition and Dietetics)





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### ATTENDANCE

S.No	Register No	Name
1	161ND001	ABINAYA V
2	161ND002	AISHWARIYA A
3	161ND003	AISHWARYA S.L.
4	161ND004	AISWARIYA L
5	161ND005	ANAS U.V
6	161ND006	ARTHI G
7	161ND007	ARUNADEVI K
8	161ND008	ATHIRA C.
9	161ND009	BECKY ELSA SAMKUTTY
10	161ND010	DEEKSHIKA K
11	161ND011	DHARANI V
12	161ND013	GAUTHAM P
13	161ND014	GAYATHRI R
14	161ND015	GAYATHRI V
15	161ND016	JAYAVARSHINI P
16	161ND017	KARTHIKEYAN K
17	161ND018	KASTHURI S
18	161ND019	KAUSHIKA A
19	161ND020	KAVIN M





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DEPARTMENT OF NUTRITION AND DIETETICS

### CERTIFICATE

This is to certify that Mr/Ms FAMEEDA. P student of **NUTRITION AND DIETETICS** has participated in **FRUIT AND VEGETABLE PRESERVATION TECHNIQUES** held on **17.03.2017** at Dr.N.G.P ASC

Dr. D. Sridevi  
Head of the Department

Principal







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### FEEDBACK

Feedback.

The fruit and vegetable preservation workshop was conducted in our department organised by Food and Nutrition board, under the ministry of women and child development, Madurai. The workshop was organised for a period of 05 days (19-09-2016 - 23-09-2016). The programme started with the preparation and general principles of fruit and vegetable preservation. The director and two tutors from the concern taught us many fruit and vegetable preserved products, that includes orange squash, pineapple squash, Fruit jam, pickles, Tomato ketchup, jelly, murabbas, tutti frutti, nutritious laddu, vegetable cutlet. we learnt many techniques that helps to preserve fruits and vegetables effectively. The workshop was very useful.

III BSc. N&D



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		<p align="center"><b>Criterion V</b>  <b>Metric 7.1.11</b></p>

## REPORT ON AN AWARENESS PROGRAM FOR THE SCHOOL STUDENTS

**DATE:** 22/03/2017

**PLACE:** Sub urban School, Coimbatore

**TOPIC :** An awareness program for the school students

About 40 students were assessed by using a questionnaire, we have studied the impact of their consumer attitude pattern of both junk foods and street foods. About 14 students of our department delivered the importance of junk foods, street foods, and processed foods. They have also given the food hygienic practices and the importance of healthy foods.

### **Objective**

The campaign was an awareness program for the school students about the consumption and consumer attitudes of junk foods and street foods.



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*I B.Sc food science and nutrition students and III B.Sc Food science and Nutrition delivered the importance of junk foods, street foods, and processed foods based on UGC regulation on to avoid junk foods.*





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## FEEDBACK



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### DEPARTMENT OF AND NUTRITION AND DIETETICS FEED BACK FORM

NAME : Arthi.G  
DATE : 22/3/17

#### FEEDBACK OF THE PROGRAMME

It was a interesting session, teaching the students about the awaarness on Junk food and street foods along with its ill health effects.

  
SIGNATURE





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#### DEPARTMENT OF NUTRITION AND DIETETICS

### CERTIFICATE

This is to certify that Mr/Ms DEEKSHIKA. K student of **NUTRITION AND DIETETICS** has participated in **EXTENSION ACTIVITY ON RESTRICTING JUNK FOODS** held on **22.03.2017** at Dr.N.G.P ASC

Dr. D. Sridevi,  
Head of the Department

Principal





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		<p align="center"><b>Criterion V</b> <b>Metric 7.1.11</b></p>

## REPORT ON ACTIVITY ON HOME GARDENING

**DATE:** 26/03/2017

**PLACE:** Kambar Arangam & Terrace-, Dept. of FSN, Dr.NGPASC.

**TOPIC :** Activity on Home gardening

To train the students to acquire the knowledge on horticulture and home gardening  
 Description: Mr. Manikandan from Jeyandra Saraswathi School, Coimbatore has given an information regarding the importance of horticulture and home gardening, waste management, growth promoting factors of plants, land restoration, soil fertility and its biological property, usage of bio fertilizers and vermi composting on 23.03.2017. Our students gained knowledge on horticulture and home gardening and we have tried the experiment in the terrace behind the department.





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*Mr. Manikandan delivered the importance of horticulture and home gardening*





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*Our students gained knowledge on horticulture and home gardening and we have tried the experiment in the terrace behind the department.*





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## FEEDBACK



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### DEPARTMENT OF AND NUTRITION AND DIETETICS

#### FEED BACK FORM

NAME : *Kavin M*

DATE : *23/3/17*

#### FEEDBACK OF THE PROGRAMME

*The session helped us to gain knowledge on Horticulture & home gardening.*

*Kavin M*  
SIGNATURE





## Dr. N.G.P. ARTS AND SCIENCE COLLEGE

(An Autonomous Institution, Affiliated to Bharathiar University, Coimbatore)  
Approved by Government of Tamil Nadu and Accredited by NAAC with 'A' Grade (2<sup>nd</sup> Cycle)  
Dr. N.G.P. – Kalapatti Road, Coimbatore-641048, Tamil Nadu, India  
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NAAC  
3<sup>rd</sup> Cycle

Criterion V  
Metric 7.1.11

### CERTIFICATE



## Dr. N.G.P. ARTS AND SCIENCE COLLEGE (Autonomous)

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### DEPARTMENT OF NUTRITION AND DIETETICS

## CERTIFICATE

This is to certify that Mr/Ms **MOHAMMED RAZIN A. K** student of  
**NUTRITION AND DIETETICS** has participated in **ACTIVITY ON HOME**  
**GARDENING** held on **23.03.2017** at Dr.N.G.P ASC

Dr. D. Sridevi  
Head of the Department

Principal

