

Name : Ms. ABHIRAMI.P.P
Designation : Assistant Professor
Department : Food Science and Nutrition
Qualification : M.Sc. Food and Nutrition
Experience : 8 months
Area of Specialization(s) : Food Science and Nutrition
Email (Official ID) : abhirami.pp@drngpasc.ac.in



Academic Qualifications

| Degree | Branch | Institution / University Name | Year of Graduation |
|--------|----------------------------|----------------------------------|--------------------|
| M.Sc. | Food and Nutrition | Dr. NGP ARTS and Science College | JUNE 2022 |
| B.Sc. | Food Science and Nutrition | Dr. NGP ARTS and Science College | April,2020 |

Additional Qualifications

| Diploma /Vocational /Certification | Area of Specialization | Institution/University/Agency Name | Year |
|------------------------------------|----------------------------|------------------------------------|------|
| DIPLOMA | MEDICAL RECORD MANAGEMENT | DR. NGP Arts and Science College | 2019 |
| BEC EXAMINATION | BUSINESS COMMUNICATION | Cambridge University | 2018 |
| ONLINE CERTIFICATION | FOSTAC | FSSAI | 2021 |
| ONLINE CERTIFICATION | NATUROPATHY HEALING SYSTEM | Food n cure | 2021 |
| NPTEL | INTRODUCTION TO | NPTEL | 2022 |

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|----------------------|--|---------------------------------|------|
| | COMPUTER SKILLS | | |
| Certification course | Health and fitness | Dr.NGP Arts and Science College | 2019 |
| Short Term Course | Employability and soft skill development | UGC-HRDC | 2023 |

Publications:

Abhirami.P.P, Dr.D.Sridevi “A prevalence study about Dysmenorrhea and Pre Menstrual Syndrome among School going adolescent girls” International Journal volume 10, issue 10 October 2022 ISSN:2320-2882.

Presentations in Conference

- Oral presentation on Prevalance study about Dysmenorrhea and premenstrual syndrome among school going girls Virtual International conference organised by K.S. Rangasamy College of Arts and Science on 7thth and 8thth April 2023
- Oral presentation on Better Health Better Life regarding Iron deficiency anemia at Dr. NGP Arts and Science College

Participation in Conference & Seminars

- OBESICON, GEM hospital and Research Centre, Coimbatore, 2022
- International webinar on evidence based framework in Nutrition and Dietetics
- Processing and Food Application of Palm Oil by Malaysian Oil Board & Niswin Foods
- An webinar on adolescent health care organized by health care committee of Dr.NGP Arts and Science College
- An webinar on Halos and hallows of functional foods Workshop on photopharmacology
- Fruits and Vegetables Preservation by Community Food and Nutrition Extension Under Government of India.

Academic Projects

- FOOD PRODUCT DEVELOPMENT-Formulation & Standardization of the Instant herbal rice mix with Cissus quadrangularis & moringa leaves
- COMMUNITY NUTRITION-An prevalence study about Dysmenorrhea and PreMenstrual Syndrome among school going adolescent girls

INTERNSHIP PROGRAMME

1. Dietary internship - Sri Ramakrishna Multispeciality Hospital
2. Industrial Internship- Aavin Dairy products, Tamilnadu

FACULTY DEVELOPMENT PROGRAMME

1. 7days International Faculty Development Program titled “Emerging trends in food processing” organized by Dept. of Food Processing Technology & Management and Dept. of Food Technology, Hindusthan Educational Institution, Coimbatore.
2. 10 days National Level Faculty Rrefresher Program on Quality Teaching & Strategies in HEI’s by IOT Academy.
3. 2days workshop on Emotional Intelligence by ICT Academy.

Awards/Honors

| Awards/Honors | Agency/Institute | Year of Award |
|------------------------|--|----------------------|
| STUDENT REPRESENTATIVE | BOS- DEPARTMENT OF FOOD SCIENCE AND NUTRITION DR NGP ARTS AND SCIENCE COLLEGE | 2018-2020 |