

Name : Mrs. ABHIRAMI.P.P
Designation : Assistant Professor
Department : Food Science and Nutrition
Qualification : M.Sc. Food and Nutrition
Experience : Teaching – 1year 8 months
Specialization: Food Science and Nutrition
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Academic Qualifications

Degree	Branch	Institution / University Name	Year
M.Sc.	Food & Nutrition	Dr. NGP Arts and Science College	2022
B.Sc.	Food Science & Nutrition	Dr. NGP Arts and Science College	2020

Additional Qualifications

Dip. / Cert.	Area of Specialization	Institution / Agency	Year
Diploma	Medical Record Management	Dr. NGP Arts and Science	2019
BEC	Business English Communication	Cambridge University	2018
FSSAI C	FOSTAC Certification	FSSAI	2021
NPTEL-Swayam	Introduction to Computer Skills	NPTEL-SWAYAM	2022
Certificate Course	PCOS & Lifestyle Management	NIND	2022
Certificate Course	Health & Fitness	Dr. NGP Arts and Science	2019

Academic Projects

Project Title	Year
Food Product Development -Formulation & Standardization of Instant Herbal Rice mix with <i>cissus quadrangularis</i> & <i>Moringa Olifera</i>	2020
Community Nutrition -An Prevalance Study about Dysmennorhea and Pre Menstrual Syndrome among adolescent girls	2022

Patent

Title	Status	Year
Development and formulation of boba balls incorporated with guava leaves	Published	2024
Formulation and Standardisation of Tri-flavoured Tortilla chips	Published	2024
Standardization and formulation of Curry leaves dip mix	Filed	2024

Research Publications

- Abhirami.P.P, Dr.D.Sridevi “A prevalence study about Dysmenorrhea and Pre Menstrual Syndrome among School going adolescent girls” International Journal volume 10, issue 10 October 2022 ISSN:2320-2882.
- Priyadharshini.K.R, Abhirami.P.P “A Study on Impact of Social Media in Eating Habits and Lifestyle among Adolescence” Journal of Emerging Technologies and Innovative Research volume 11 issue 3 march 2024 ISSN: 2349-5162.

Presentations in Conference/ Seminar

- Oral presentation on Prevalance study about Dysmenorrhea and premenstrual syndrome Among school going girls Virtual International conference organised by K.S.Rangasamy College of Arts and Science on 7th and 8th April
- Oral presentation on Better Health Better Life regarding Iron deficiency anemia at Dr. NGP Arts and Science College.
- Oral presentation on Development of Almond milk icecream enriched with medicinal Herbs presented in Technical session, Novel foods and Novel food ingredients during
- 7 th AMIFOST 2024, International Conference on Recent advances and future Prospects in formulating Healthier Food System

Participation in Conference/Seminar

- OBESICON, GEM hospital and Research Centre, Coimbatore,2022
- International webinar on evidence based framework in Nutrition and Dietetics
- Processing and Food Application of Palm Oil by Malaysian Oil Board & Niswin Foods
- An webinar on adolescent health care organized by health care committee of Dr.NGP Arts and Science College
- An webinar on Halos and hallows of functional foods Workshop on photopharmacology

- Fruits and Vegetables Preservation by Community Food and Nutrition Extension Under Government of India.
- Webinar on How to prepare for TNPSC-Child Development Project Officer and Assistant Director Examination Organized by the Dept. of Food Science and Nutrition, Dr.NGP Arts and Science College on 2024.

Participation in Orientation Programme / Short Term Courses

- UGC Sponsored Short Term Course on Employability and Soft Skill Development December 2022

Participation in Faculty Development Programme

- 7days International Faculty Development Program titled “Emerging trends in food processing” organized by Dept. of Food Processing Technology & Management and Dept. of Food Technology, Hindusthan Educational Institution, Coimbatore.
- 10 days National Level Faculty Rrefresher Program on Quality Teaching & Strategies in HEI’s by IOT Academy.
- 2days workshop on Emotional Intelligence by ICT Academy.
- 7 days National Level FDP on Fundamentals of Research, March
- 7 days National Level FDP on Personality Development for Teachers,June2024

Participation in Workshop

- Naturopathy Healing System Level 1 for 3days organized by Food n Cure on 2022
- Beginner Chocolate Making Workshop with The Bayleaf Indian on May 2024.

Conference / Seminar / Workshop Organized

- Organizing committee, National conference on Interdisciplinary Approaches on Dynamics of Bioscience Research (IADBR - 2023) Dr. N.G.P. Arts and Science College, Coimbatore, 28th March, 2023.
- Organizing committee, International Conference On Translational Research Towards Attaining Good Health And Well Being For Sustainable Development (ICTR-2024) Dr. N.G.P. Arts and Science College, Coimbatore 9 th March, 2024.

- Alumni Interaction on Diet to optimize Athletic Performance by Mrs.K.S.Sagar ICU Dietitian KMCH organized by Dept. of Food Science and Nutrition, Dr. NGP Arts and Science College on March 2024.

Membership in Professional Bodies

Name of the Professional Body	Nature of membership	Duration
Academic & Research Conclave	Life-time	-

Awards / Honors

Awards / Honors	Agency / Institute	Year
Rank Holder	M.sc Food and Nutrition, Dr. NGP Arts And Science College	2020
Oral presentation- 2 nd Prize	AMIFOST 2024, International Conference on Recent advances and future prospects in formulating Healthier Food System	2024