

Name : Ms. Adithya A V

Designation : Assistant Professor

Department : Food Science and Nutrition

Qualification : M.Sc. Food Science and Nutrition

Experience : NA

Specialization: Food science and Nutrition

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Academic Qualifications

Degree	Branch	Institution / University Name	Year
M.Sc.	Food Science and Nutrition	The Gandhigram Rural Institute (Deemed to Be University)	2025
B.Sc.	Home Science	The Gandhigram Rural Institute (Deemed to Be University)	2023

Additional Qualifications

Dip. / Cert.	Area of Specialization	Institution / Agency Name	Year
NET	Home Science	UGC-NTA	2024 & 2025
Certificate	FoSTaC- Advanced Manufacturing	NAF R&D Centre, Anna University Campus	2024
Certificate	Typewriting English	Government of Tamil Nadu	2024

Projects

Project Title	Agency	Amount	Period	Status
Formulation and evaluation of Edible coatings using Seaweed and Cassava starch for Extending the shelf life of Guava	-	-	6 months	Completed
Prevalence of Varicose Vein among adult population working in different occupational sectors	-	-	6 months	Completed

Participation in Conference/Seminar

- “Nutri cereals for one Health”, Nutrition society of India, ICMR-National Institute of Nutrition, Hyderabad, 25-Nov-2023 & 26-Nov-2023.

Participation in Orientation Programme / Short Term Courses

- UBA-SEG training on production of Millet-based food products, The Gandhigram Rural Institute (DTBU), 21-Dec-2024 to 24-Dec-2024

Participation in Workshop/ Training

- **International** - Newtrition 2024: Decode the science of nutrigenetics, Institute of Nutrigenetics, 26-Oct-2024
- Meta analysis and Systematic Literature Review, Department of home science, The Gandhigram Rural Institute (DTBU), 24-Jan-2025 & 25-Jan-2025
- Healthy vegan Ice cream- Millet Based, Wellcure Health Programs, 10-Aug- 2025
- Training in Naga Limited Innovative Foods Division, Dindigul, 19-June- 2023 to 29-June- 2023
- Training in the Chemical & Instrumental Methods of Food Analysis, NAF 18-June-2024 to 2-July- 2024
- Training program on “Food science, Nutrition, processing, Value addition and entrepreneurship development in Horticultural crops with reference to Banana, ICAR-National Research Centre for Banana, 02-June-2025 to 01-July-2025

Membership in Professional Bodies

Name of the Professional Body	Nature of membership	Duration
Nutrition Society of India	1 Year	2023-2024

Awards / Honors

Awards / Honors	Agency / Institute	Year
First Prize with Cash Prize(15,000) in National level Innovation Contest	St. Joseph's College, Trichy	2025