

Name : Anu Pious

Designation : Assistant Professor

Department : Food and Nutrition

Qualification : M.Sc.

Experience : -

Area of Specialization(s) : Food science and nutrition

Email (Official ID) : anupious@drngpasc.ac.in



Academic Qualifications

Degree	Branch	Institution / University Name	Year of Graduation
M.Sc	Food science and nutrition	PSG college of arts and science	2021
B.Sc	Food science and nutrition	Avinashilingam Institute for home science and higher education for women	2019

Additional Qualifications

Diploma / Vocational / Certification	Area of Specialization	Institution / University / Agency Name	Year
Online Certificate	Dairy and Food process and product technology	NPTEL	2019
Online Certificate	The New Nordic diet- from Gastronomy to health	Coursera	2020

Participation in Conference

National

- **Challenges and Sustainable Approaches Towards Food and Nutrition Security- A Global Perspective**, Avinashilingam Institute for Home science and higher education for women, Coimbatore, 7-Dec-18 to 8-Dec-18.

Participation in Seminars

- **Life for All**, Avinashilingam Institute for Home science and higher education for women, Coimbatore, 30-Jan-18.
- **COVID-19 & Food and nutrition security: Scenario in South East Asia**, Avinashilingam Institute for Home science and higher education for women, Coimbatore (online), 27-Jun-20.
- **Mental health and life style modification- During the COVID-19 pandemic**, PSG College of arts and science, Coimbatore (online), 14-Jun-20.
- **G.R.O.W- Goals, Reality, Opportunities & the Way forward with Nutrition and dietetics**, Sevamandal education society's Dr. B. M. N. College of Home Science, Coimbatore (online), 3-Jul-20.
- **Women in pandemic: Perception and Reality**, PSG College of arts and science, Coimbatore (online), 15-Jul-20.
- **Food safety and naturally occurring toxicants**, Avinashilingam Institute for Home science and higher education for women, Coimbatore (online), 21-Jul-20.
- **Public health epidemiology- Strategies for health and nutrition**, Tamil Nadu Agricultural University, Coimbatore (online), 21-Jul-20.

Participation in Workshop

- **Sustainable strategies to strengthen mental health**, Avinashilingam Institute for Home science and higher education for women, Coimbatore, 18-Aug-2018.
- **Application of multimedia presentation in food science and nutrition**, Avinashilingam Institute for Home science and higher education for women, Coimbatore, 12-Mar-2018.
- **Application of Nutrigenetics and Bioinformatics in (personalized) dietary practices**, PSG College of arts and science, Coimbatore, 3-Jan-20 to 4-Jan-20.
- **Awareness and Internal Auditor Programme based on Food safety management system (FSMS) – ISO 22000:2018, Codex and FSSAI**, PSG College of arts and science, Coimbatore, 21-Jan-20 to 23-Jan-20.

Awards / Honors

Awards / Honors	Agency / Institute	Year of Award
UG Third rank holder	Avinashilingam Institute for Home science and higher education for women, Coimbatore.	2019