

Manthra.K.S

Mobile:9600845933

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CARRIER OBJECTIVE

To work in a dynamic environment that enables me to utilize my knowledge and learn new things and to progress professionally and personally.

EDUCATIONAL QUALIFICATION

DEGREE	NAME OF THE INSTITUTION	NAME OF THE BOARD	PERCENTAGE	YEAR OF THE PASSING
M.Sc Food and Nutrition	Dr. N.G.P. Arts and Science college	Barathiar University	75	2020
B.Sc Food science and nutrition	Palanisamy college of arts	Barathiar University	70	2018
HSC	A.V.P. Trust national matric hr. sec. school	Matriculation	78	2015
SSLC	A.V.P. Trust national matric hr. sec. school	Matriculation	91	2013

AREA OF INTEREST

- Healthcare advisor
- Lecturer

PROJECT

- FORMULATION AND STANDARDISATION OF PLANT BASED KULFI INCORPORATED WITH HIBISCUS POWDER

INTERNSHIP

- Internship training in KONGUNAD HOSPITAL PRIVATE LIMITED in Coimbatore for one month
- Internship in PODARAN with project in making juice and filling and sealing method for 15 days
- Internship training in BENCHMARK TEA FACTORY in ooty for 15 days

EXTRA CURRICULAR ACTIVITIES

- Attended national conference on RECENT TRENDS IN ADOLESCENT NUTRITION AND REPRODUCTIVE HEALTH CARE held in Avinashilingam institute on 2016
- Attended national conference on ROLE OF BIO SCIENCE IN SOCIETAL DEVOLPMENT held in Palanisamy college of arts on 2017

- Attended international conference on PROSPECTS OF NUTRACETICALS AND NATURAL MEDICINE held in Dr. N.G.P. arts and science college on 2019
- Attended international workshop on PERSONALISED NUTRITION-A WAY TOWARDS BETTER HEALTH held in PSG college of arts and science on 2019
- Attended national conference on ENDOWMENT LECTURE ON NUTRITION, INFLAMMATION, GUT MICROBIOTA AND NON COMMUNICABLE DISEASE held in Tamil Nadu agricultural university Madurai on 2020

CO-CURRICULAR ACTIVITIES

- Participated in SCIENCE EXPO held at A.V.P. Trust on 2014
- Participated in OASIS held at institute of hotel management and catering technology Erode on 2016
- Participated in ART FROM WASTE held at Nandha arts & science college on 2018

ACHIEVEMENTS

- Secured first place in INTERNATIONAL MATHS EXAM held at A.V.P. Trust on 2009
- Secured first prize in MATHS EXPO held at A.V.P. Trust on 2013
- Secured first prize in SCIENCE DRAMA held at Thirumurugan hr. sec. school on 2013
- Secured first prize in ART OUT OF WASTE held in Palanisamy college of arts on 2017

PERSONAL DETAILS

Name : Manthra. K. S

Date Of Birth : 04. 05. 1998

Father Name : Sivanandam. K

Mother Name : Nagarathinam. B

Address : No.4, Radius avenue, sannathi street,
Weavers colony, T.M. Poondi,
Tirupur - 641652

Languages Known : Tamil, English (read, write & speak) Kannadam (speak)

Hobbies : Drawing, collecting information about wild life

Strengths : Honesty, easily adopt to new environment, hardworking, positive thinker

DECLARATION

I hereby declare that the details furnished above are true and correct to the best of my knowledge.

Date: MANTHRA.K.S

Place: